

Waste arising from medicine packaging – Information for patients and end-users

Starting August 12, 2026, Regulation (EU) 2025/40 will apply within the EU countries. The regulation sets out sustainability and labelling requirements for packaging throughout its life cycle, including production, use and waste management. It aims:

- to prevent unnecessary packaging and promote reuse, refill and recycling;
- to harmonise national measures to avoid trade barriers and competition distortions;
- to contribute to the circular economy and to climate neutrality by 2050.

The regulatory text can be found here: [Regulation - EU - 2025/40 - EN - PPWR - EUR-Lex](#).

In line with the new regulation the below information is intended to provide general guidance to patients and other end-users of Sobi medicines on how to manage waste arising from medicine packaging. For more detailed information or potential market-specific instructions, please check Sobi's country websites.

Waste Prevention

Help reduce waste. If your medical treatment changes or ends, please return unused medicines, including their packaging, to your local pharmacy or designated collection point. Do not discard them in household waste.

Collection and handling of packaging containing hazardous products

Pharmaceutical packaging may contain residues of medicines. Return packaging with medicine residues to your pharmacy or local medicines take-back scheme. **Do not dispose of used medicine packaging in general household waste or recycling bins** unless the packaging is completely empty and clean.

Other packaging

Empty outer cartons (cardboard boxes) can generally be placed in your paper/cardboard recycling bin. Please follow the sorting instructions in your local market.

Empty plastic or aluminium blister trays should be disposed of in accordance with your local sorting system instructions. Mono-material trays can be sorted in their respective material fraction.

Re-use arrangements

Due to the safety requirements of medicinal product packaging, our primary and secondary packaging is not designed for re-use. We are committed to minimising packaging wherever patient safety allows.

Sobi is collaborating with others to identify possibilities to set up systems where transport and delivery packaging is designed for re-use within a closed-loop system. This will not affect or be visible to patients or end-users.